## #SLEEVETHESTIGMA

#BELLLET'STalk

## A CONVERSATION CAN SAFE A LIFE

Join the Sleeve the Stigma Campaign in support of positive mental health conversations!

Help reduce mental health\* stigma\* by spreading positive mental health messaging on coffee sleeves.

Design a coffee sleeve to promote positive mental health

One design will be selected and displayed on coffee sleeves from The Loft during Bell Let's Talk Week (January 23rd-29<sup>th</sup>, 2022).

Your designs can include creative pictures, graphics, fonts,



Designs are due by November 24, 2021, and can be handed in to Student Services or Mr. Moriyama in the art room!





