

PARENTS OR GUARDIANS

The Grade 9 students at W.R. Myers High School have been invited to take part in The Taber Community Against Drugs Community Wellness Walk on October 10th, 2019 beginning at 10:00am and concluding around 1:00pm. The event will be held at the Taber Community Center. The aim of this event is to provide students with the opportunity to connect to their peers and be led through experiential activities to assist them in building coping skills and strategies (i.e. yoga, exercise, mindfulness).

In order for them to participate in this event, we require a signature of consent from you, the parent or guardian.

School: W.R. Myers High School

Phone Number: 223-2292

We are planning an off site activity as outlined below. Please review the following information and sign below if you grant permission for your child to take part in this offsite activity.

Teachers in Charge:

Grade(s): 9 **Number of Students:** 75 **# of Adult Supervisors:** 4 + Program Leaders

Location of this off site activity: Taber Community Center

Date of this off site activity: Thursday October 10th, 2019

Departure and return times: depart at 9:45am (from WR Myers) and return approx. 1:15pm

Mode of Transportation: Walking as a group to and from the Taber Community Center

Cost: no cost, lunch of hamburger/hotdog, granola bar, fruit and water will be provided

Please return the bottom half of this sheet to W.R. Myers High School by Tuesday October 8th, 2019.

I give permission for my child, _____ to participate in the TCAD Community Wellness Walk on Thursday October 10th, 2019 at the Taber Community Center.

Parent/Guardian Signature

Date